# BRONZE QUALIFYING ADVENTUROUS JOURNEY (AJ) - TEMPLATE

1. Use this template as a guide to help you compile a written report.
2. The instructions/suggestions should be deleted as you go.
3. A lot of the report can be completed as a group, but Participants will need to record their own personal observations/reflections in the fields highlighted in yellow
4. Save your completed Report as a PDF, then upload it to your Online Record Book (ORB) with the following naming convention: Participant’s Name – Qualifying AJ Report.

|  |  |
| --- | --- |
| Your Name: |  |
| Your Award Centre: |  |

#### Insert a photo or a Google map showing the AJ location

|  |  |
| --- | --- |
| Journey Name | **Example:** Group 2 Great North Walk Coastal Track, Royal National Park, March 2017 |
| Journey Type | **Example**: expedition, exploration |
| Mode(s) of Travel | **Example**: bushwalking, canoeing |
| Dates | **Start / /** | **Finish / /** |
| Location Details |  |
| Journey Goal / Purpose | **Example**: the purpose of this journey is to investigate, and study aboriginal rock art found in Ku-Ring-Gai National Park |
| Supervising Organisation | **Example**: the name of the school, community group or expedition company who supervised your journey |
| Assessor | **Example**: the name of the person at your school, community group or expedition company who will be providing the final signoff to your AJ and this AJ Report |

## Journey Group Members

|  |  |
| --- | --- |
| Supervisor name(s) | Supervisor(s) |
| Group member name(s) | group member 1 | group member 2 | group member 3 |
| group member 4 | group member 5 | group member 6 | group member 7 |

#### insert photo of group here

**(L-R)** group member names

## Pre-Journey Information

### Suggested inclusions:

* A general description of the National Park/Forest & its location
* Outline the skills you acquired during your Preparation and Training and your Practice Journey
* Outline the physical fitness preparation for the Qualifying Journey
* Weather / environmental / timing notes prior to departure (see table below)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Expected weather conditions | Expected terrain / environmental conditions | Distance(km) | Expected time (hrs/mins\*) |
| Day 1 |  |  |  |  |
| Day 2 |  |  |  |  |

\*An average of at least 6 hours of purposeful effort per day is required for Bronze. Purposeful effortmeans time spent towards accomplishing the purpose of the journey. Time associated with sleeping, cooking and eating is in addition to this time.

## Map/Route Plan

**Insert images/photos showing:**

* Map Name
* Route (including start and finish points) and route summary (eg total distances/times)
* Meal stops, check/rendezvous/meeting points, water sites and campsites
* The groups progress during the journey
* Environmental features and points of interest

Also include your Route Plan/Navigation Data Table. The Plan/Table assists in navigating, and in recording points of interest and environmental features or track junctions by using grid references. The Plan/Table should be completed for each day/stage of the journey.

An example Plan/Table is set out as below. You could also insert an image/photo of the Plan/Table you may have used for your Journey.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Total distance (km): |  | Total time (hr/min): |  | Avg. hours per day (> 6 hrs): |  |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Day / Stage | Grid Refs- - - - - - to- - - - - - | Grid Bearing(deg) | Magnetic Bearing(deg) | Distance (km/m) | Height( +/ - m) | Est. time of departure | Est. time of arrival | Actual time taken | Remarks (features/terrain etc…) |
| Eg | 123456 - 123456 | 90 | 78 | 3.8 | +55m | 8:45am | 9:45am | 1h 10m | Yabby Creek crossing |
|  |  |  |  |  |  |  |  |  |  |
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## Equipment List

|  |  |
| --- | --- |
| Full equipment list:* Item 1
* Item 2
* Etc…
 | Equipment review:**Example**: comments on equipment taken which was essential, useful, inappropriate or unnecessary, and equipment not taken but which would have been helpful |

## Clothing List

|  |  |
| --- | --- |
| Full clothing list:* Item 1
* Item 2
* Etc…
 | Clothing review:**Example**: too much / too little, essential, useful, inappropriate or unnecessary, clothing performance issues (eg waterproofs, shoes, thermals etc…). What other clothing would have been desirable? |

## Food List

|  |  |
| --- | --- |
| **Food list:** (**Example**: daily rations, include emergency food)* Item 1
* Item 2
* Etc…

Cooking equipment/utensils list:* Item 1
* Item 2
* Etc…
 | Food review:**Example**: comments on adequacy of rations, ease of preparation, waste/rubbish produced. Was emergency food required? What tasted good and what didn’t you feel like eating, why?Was your water supply adequate? Were there any water supply issues? |

## Menu Plan

Also include a Menu Plan. Such a Menu Plan could be set out as below, or you can insert an image/photo of the Plan you may have used for your Journey.

|  |  |  |
| --- | --- | --- |
| Meal | Day 1 | Day 2 |
| Breakfast |  |  |
| Lunch |  |  |
| Dinner |  |  |
| Snacks |  |  |
| Emergency Food |  |
| Other |  |  |

## Description of Journey

Note – a minimum ½ page description is expected for each day

### Day 1

|  |
| --- |
| Suggested inclusions:* Observations such as geography, weather, flora, fauna, etc…
* Information – historical, geographical, scenic, etc…
* Your highlights for the day
* Items noted on the trip but not included on the map (new tracks etc…)
* Any problems encountered/overcome
* Adequacy of campsites, water supply, etc…
* Photos / sketches etc…
 |
| Expected time (hr/min) |  | Actual time taken (hr/min) |  | Timing noteseg longer than anticipated due to… |

### Day 2

|  |
| --- |
| Suggested inclusions:* Observations such as geography, weather, flora, fauna, etc…
* Information – historical, geographical, scenic, etc…
* Your highlights for the day
* Items noted on the trip but not included on the map (new tracks etc…)
* Any problems encountered/overcome
* Adequacy of campsites, water supply, etc…
* Photos / sketches etc…
 |
| Expected time (hr/min) |  | Actual time taken (hr/min) |  | Timing noteseg longer than anticipated due to… |

## Supporting Evidence

|  |
| --- |
| Evidence may include: (scans/photos are acceptable)* A photo of a meal you prepared, cooked and ate.
* A photo of you during the AJ
 |

## Thoughts/Reflections

|  |
| --- |
| A Bronze Qualifying Journey is a memorable experience and a major achievement. Please record some of your thoughts and reflections of the trip below.Some questions to help you:* Feelings about the trip – such as what you and the group learnt about yourselves and what were the highs and lows of the trip? What didn’t you like or enjoy?
* What were the most memorable events/things you encountered on your journey?
* How did your group work together? What were the benefits and problems?
* What did you learn?
* What were your proudest achievements during the journey?
* What was most challenging about this journey?
* What would you do differently next time?
* What advice would you give to someone before they went on a similar journey?
* Any other matter relating to the trip and its organisation?
 |

Save your completed Report as a PDF, then upload it to your Online Record Book (ORB) with the following naming convention: Participant’s Name – Qualifying AJ Report. Files need to be less than 20mb.